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## from THE PRINCIPAL

### Examinations Years 7 – 10

Parents of students in these years need to be aware that formal examinations are taking place for all these students during Weeks 3, 4 and 5 of this term.

Please ensure that your son/daughter is present for examinations. If they are sick please provide a written explanation and doctor's certificate if appropriate. In Year 10 a doctor's certificate is mandatory if a School Certificate exam is missed.

### Examination Missed

#### Illness/Misadventure during School Certificate Examinations

If a Year 10 student misses an examination due to illness or misadventure, the procedures that must be followed include:

- Obtain a Misadventure/Illness Appeal Form from the Principal
- Fill in the form and provide evidence – doctor's certificate or appropriate statements – as evidence for the absence. This must be done within 1-2 days of the missed examination.
- Hand the forms in to the Principal for processing.

### Category Diamond Excursion

Congratulations to the following Category Diamond 2011 students:

Courtney Chapman, Lana Kraichuk, Lachlan Marsh, Brandon Marshall, Emily Perkins, Eleni Voudouris, Mitchell Purchess-Schauer, Kajol Kumar and Ivan Subang.



These students attended a special excursion to Fort Denison late last term. They were all a credit to their families, their school and themselves.

*Mr M. Wiecek  
Principal*

## ACCESS ONTO SCHOOL GROUNDS

A reminder that parents are not permitted to drive into the school grounds when dropping off or picking up their child/children. The slip lane (Acres Lane) adjacent to the school driveway is the preferred option. This rule was put in place some time ago to minimise traffic through the school, which would minimise the risk of injury to all students, staff and visitors of the school.

Furthermore, any parent with prior appointments that require access into the school car park, a reminder that the school is a **5 km zone**.

Thank you for your understanding and co-operation

*Mr R. Elbahou  
Relieving Deputy Principal*



# DEPUTY PRINCIPAL REPORTS

## Oh Canada



As many students will know, at the beginning of Term 3 we had a visit from Mr Pickard, a Deputy Principal (Vice Principal in Canada) for about seven school days. While Mr Pickard was here, he learned a lot about the way we do things at Ingleburn High School and we also visited a number of local schools to see how they did things also.

At the beginning of the September holidays I returned the visit and went to Canada to visit and view Mr Pickard's school and learn how students in their school went about learning.

Mr Pickard's school is Prince Edward Collegiate Institute (PECI) in a small town called Picton in Prince Edward County, Ontario, Canada. There are about 700 students at the school and secondary school in Canada is for Years 9 to 12 only. Students in Years 7 and 8 mostly go to elementary school with the younger students.



*Students in the Library at Peci in a research skills lesson from their Teacher Librarian*

School is compulsory in Ontario, Canada for all students up to 18 years old. Their school year starts in September and finishes in June the following year. There are four lessons each day of 75 minutes each and each course goes for half a school year (about 4 months). If you have an English class on Period 1 on Monday, that English class will be Period 1 every day for the whole of those 4 months. The same applies for Periods 2 through to 4, the same lessons every day for 4 months.

While there are Year 9, 10, 11 and 12 students, if you do not pass a course, you either have to do an extra course to make it up in your summer vacations or you might find that by the end of Year 12 you do not have enough courses you have passed to Graduate in Year 12.

I visited two other schools near Mr Pickard's school, Bayside High School and Moira High School. I'm pleased to say they all made me very welcome and it was great to see so many similarities but also a number of differences.



*A group of students studying Hospitality*

One of the things I really think we can learn from Canadian schools is the pride and respect that is shown toward their nation. Each morning their National Anthem (Oh Canada) is played in their "Home Room" (like our Roll Call) and students stand silently to show respect and acknowledge they are lucky to be part of their great nation.

Similarly, in Australia, I think we could better appreciate our country and the future it promises for all, for in no smaller way than Canada, we truly are a blessed country.

It was a great experience to go to Canada and visit these schools but it is even a greater experience to return home, to Ingleburn High School, so we can all work together to achieve great things.



*Students working on Metal projects*

*Mr L. Weatherstone  
Deputy Principal*





# P&C

## PARENTS AND CITIZENS ASSOCIATION

Welcome to another month. As we have had school holidays and a quite month there is not much to report.

**However we are gearing up for our Annual TRIVIA NIGHT. This will be on Friday 25 November 2011 at 6.30pm.**



Please come along and join this fun-filled night. Paul Bootsma will be our "Ring Master" or MC if you like.

We need to fill tables to outsmart the Teachers this year. We do not want them thinking we have less intelligence than them.....Again....

**So grab some friends and family and book a table to prove once and for all our students can outsmart the teachers..... Miss Young your seat is booked, and I am sure the Musical Cast is waiting in the wings to outshine you!!!**

Please watch out for the Trivia Night reminders and we would love to see everyone there this year. We have great prizes and fun-filled games. Every table is a winner. Hope to see you there.

**Just finally, we would like to wish all our Year 12 students the very best of luck with the HSC and their endeavours for the future.**

*Our next meeting is Wednesday 26 October at 6.30pm in the Common Room in B Block. Please join us for a cuppa and to catch up on the goings on in the school.*

*Melissa Welfare  
IHS P&C President.*

## LIBRARY NEWS

The library will unfortunately be unavailable to a majority of students for the duration of the HSC examinations. Students will be able to borrow books or return books in the mornings before roll call, and at times when the library is not having an exam held within. A large sign is displayed at the library entrance when it is closed. Speaking of the HSC, I would like to take this opportunity to wish Year 12 all the very best of luck in their efforts.

This year the Premier's Reading Challenge (PRC) was held once again, with 13 students from Years 7 to 9 participating. Whilst this is an improvement on last year, it is still a disappointing number. To help, the library has selected all of its Fiction titles that are part of the PRC and has grouped them together in one place. To find the PRC books, it's as simple as looking for the shelves on the

Fiction floor that are green, you can also look for the signs. All PRC books also have a green P displayed on their spine. I would dearly love to see a huge increase in the number of students entering this very worthwhile challenge in 2012.

The collection of books in the library has continued to grow, in particular Fiction. We are trying to give students high quality books that they are going to enjoy reading, after all reading is a great way to relax, and will help greatly improve literacy. If we don't have a book, then see Mr Koosache or Mrs Billett and fill out a book request form so that the book can be tracked down and purchased.

Now for some housekeeping. Students are reminded that the library is a place for quiet reading and study, it is not a playground, and disturbances will not be tolerated also food and drink are strictly forbidden in the library at all times. **Senior students only** are permitted in the library during their free periods and must sign in at the counter upon entry, they are then expected to study or read quietly. Finally, students are reminded that a USB memory device is essential now and that one should be part of the equipment that you would normally bring to school.

Anyway here is to everyone at school having a successful, productive and stress free Term 4.

*Mr M. Koosache  
Teacher Librarian*

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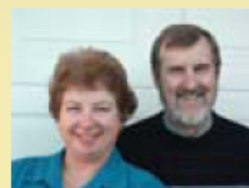
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## REGULAR SCHOOL ATTENDANCE

Education in New South Wales is compulsory. All children between six and seventeen years of age must go to school every day that the school is open.

It is important to understand that the New South Wales Department of Education and Training may prosecute parents (including carers) if children of compulsory school age have recurring numbers of unjustified absences from school.

### Must I send my child every day?

**YES.** It is a condition of enrolment that you send your child to school every day.

As small number of absences may be justified if your child:

- Has to go to a special religious ceremony
- Is required to attend to a serious and/or urgent family situation (eg a funeral)
- Is too sick to go to school or has an infectious illness.

### Why is regular attendance at school important?

Regular school attendance will help your child to succeed in later life.

Attending school every day makes learning easier for your child and helps children to build and maintain friendships with other children.

### Why is arriving at school on time important?

Arriving at school and class on time:

- Ensures that your child doesn't miss out on the important learning activities scheduled early in the day when they are most alert.
- Helps your child to learn the importance of punctuality and routine
- Gives your child time to greet their friends before class and therefore
- Reduces the opportunity for classroom disruption.

Lateness is recorded as a partial absence and must be explained to the school the same way as other forms of absence.

### Must my child attend all activities, including daily fitness and sport?

**YES.** Sport and other physical activities help to keep your children healthy. Children are expected to attend all regular school activities, including sport.

Do not keep your child away from school for the following:

- Birthdays
- Shopping
- Minding other children
- Routine check-ups or care such as hair cuts
- Minor family events
- Sleeping in.

Medical and other health appointments for your child should be made either before or after school or during the school holidays.

## What should I do if my child has to stay away from school?

If your child has to be absent from school, it is important to tell the school and provide a reason for your child's absence. To explain an absence parents and carers may:

- Send a note, fax or email to the school
- Telephone the school, or
- Visit the school.

The principal of the school has the right to question parents' or carers' requests for their child to be absent from school.

The principal may also question any explanation given for a child's absence from school.

### My child won't go to school. What should I do?

You should contact the principal as soon as possible to discuss the issue and ask for help. The principal may seek support from a home school liaison officer or Aboriginal student liaison officer.

### Do you have problems with getting your child to school, for some of the following reasons?

- Won't get out of bed
- Won't go to bed can't find their clothes, books, homework, school bag...
- School lunches not ready
- Slow to eat breakfast
- Homework not done
- Watching television late at night or when they should be getting ready for school
- Test or presentation at school
- Birthdays
- Screaming and not letting go of you

Here are some suggestions which are based on setting regular routines:

- Have a set time to be out of bed
- Have a set time to go to bed
- Have uniform and school bag ready the night before
- Make lunches the night before
- Have a set time for starting/ending breakfast. A routine is important
- Set time for daily homework activities
- Turn the television on for a set time and only if appropriate
- Be firm children must go to school
- Provide lots of positive encouragement
- Be firm a birthday is not a holiday
- Time arrival at school to coincide with bell time and leave quickly. If arranged with the teacher beforehand, place your child's hand into that of the teacher and then leave.



## WELFARE FACULTY

### PASS IT ON

The Welfare Faculty maintains a uniform pool to assist students in need. If you have any uniforms, jumpers, blazers etc that are in good condition and you would like to **PASS IT ON** to our students please leave the items at the front office.

Your kind generosity would be greatly appreciated.

### ANTI-POVERTY WEEK

Poverty and severe hardship affect more than a million Australians. Around the world, more than a billion people are desperately poor. During Anti-Poverty Week (16-22 October) students did their bit to help fight poverty and hardship by donating food cans or unperishable food items.

At Ingleburn High School, we held a sausage sizzle and cake stall to raise funds to help make a difference. The food items collected will be given to the Salvation Army and the charity being supported is CARE Australia.

**Donations will still be gratefully accepted up to 31 October.**

### VIDEO FOR PARENTS ON CYBERSAFETY

ACMA has produced a presentation for parents to explain online risks for children, and more importantly, the best ways to keep their children safe online. The more the parents know about cybersafety, the more empowered they are to protect their kids.

The short video entitled "How cybersmart are you?" has been released by Cybersmart to help parents navigate through the online world of their teenagers and provides strategies on how to protect their children from potential online risks.

We hope you like it and find it valuable.

<http://www.cybersmart.gov.au/outdoor.aspx>

*Mrs P. Menon  
Head Teacher Welfare*

## CAREERS UPDATE

**Year 12:** Good luck in your HSC exams and I wish you all the best. Don't forget TAFE applications close on 28 October 2011 but most TAFE courses don't require an application, you just need to turn up on enrolment day, early.

**Year 11:** Don't forget to register for the UWS day on Wednesday 9 November 2011. The bus to the Penrith Campus is free and it will be a great opportunity for you to experience firsthand what university life is all about.

Year 11 students should be able to "drop" a subject by Week 3... See me if you are having trouble deciding.

**Year 10:** I hope you all did your best in your Trial School Certificate exams.

Your **SCHOOL CERTIFICATE** exams are to be held from 7 November – 11 November.

Other important dates include:

- WORK READY DAY Tuesday 15 November
  - MOCK INTERVIEWS Thursday 17 November.
- More information regarding this will be given to you shortly.

**Year 9:** It is still not too late to apply for a Tax File Number as I send applications in continually.

Parents please check the Career page on the school's website for all the latest information.

<http://www.ingleburn-h.schools.nsw.edu.au/curriculum-activities/careers>

Mrs Jane Duval  
Careers Adviser

## We are on Facebook!

Search for: **Ingleburn High School – Official School Page** or click on <http://www.facebook.com/pages/Ingleburn-High-School-Official-School-Page/142772435800376>

This page will be updated every Friday for upcoming events – so if you click on "LIKE" you will get all school events live in your Facebook newsfeed.

We will be placing information on the site re: newsletter publication, updating website, excursions, money due, school events, school positives, assessment tasks due, exam weeks etc...

We are encouraging **all** students, parents, guardians and staff to click "LIKE" and to follow the feed.

Any problems or issues, please contact Ms Knapman (Deputy Principal).



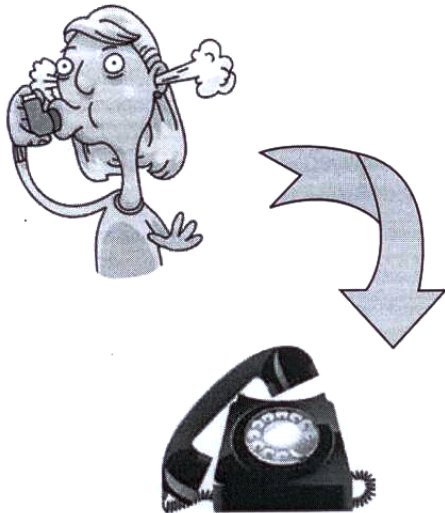


## ASTHMA FOUNDATION NSW

Ingleburn High School has once again been recognised as an Asthma Friendly school. By achieving this status it means that we have taken significant steps towards creating a safer and healthier environment for students and staff with asthma.

For any further information you can log onto the Asthma Foundation's website at [www.asthmafoundation.org.au](http://www.asthmafoundation.org.au) to get the latest information about asthma and the Foundation's programs.

### Asthma Information Line



Did you know Asthma Foundation NSW has an information line? Call our trained professionals if you require any information or resources on asthma.

Call 1800 645 130 during business hours or email [ask@asthmafoundation.org.au](mailto:ask@asthmafoundation.org.au)

## MATHEMATICS

Students are reminded that they need to bring all necessary equipment to class every day. This includes a grid book, textbook (in a cover), pens, a ruler and a calculator. Calculators can be bought from the school office for \$23.00.

Year 10 students are reminded that their School Certificate Exams commence **7 November**. In the Mathematics examination students are required to sit a Non-Calculator and a Calculator section. Students are required to bring their own writing and drawing equipment: ruler, protractor, compass and eraser.

**Scientific calculators must be brought to all exams as it is a necessary piece of equipment needed to complete the exam.**

The Mathematics Staff wish Year 10 the best of luck in their School Certificate exams. Study hard. Don't stress and do your best!

*Mathematics Faculty*

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## School Calendar

### Week 3 – Term 4

- 24 Oct • HSC Exams continue
- 24 Oct • Years 7 & 9 Yearly Exams
- 26 Oct • P & C Meeting commences 6.30pm

### Week 4 – Term 4

- 31 Oct • Year 8 Yearly Exams

### Week 5 – Term 4

- 7 Nov • Year 10 School Certificate starts
- 9 Nov • Year 12 ATAR Welfare Excursion, UWS Penrith

### Week 6 – Term 4

- 14 Nov • Formal Sports Assembly

### Week 7 – Term 4

- 21 Nov • Uniform Shop is closed – All week
- 22 Nov • ESSA Science Test – Year 8

### Week 8 – Term 4

- 29 Nov • Year 7 2012 Orientation Night
- 1 Dec • Year 10 Formal – Sweeneys

### Week 9 – Term 4

- 5 Dec • Year 7 2012 Orientation Day
- 9 Dec • Year 10 Reports Distributed

### Week 10 – Term 4

- 13 Dec • School Presentation Evening
- 16 Dec • Last day of school for students

*\*All dates and information are correct at time of printing however changes may occur due to unforeseen circumstances. We apologise for any inconvenience this may cause*



**“I JUST WANT MY CHILD TO BE  
HAPPY AT SCHOOL!”**

*This workshop will be useful for parents and  
all who work with or support young people*

**DATE & TIME:** Monday 7 November, 2011 6 - 8 pm

**LOCATION:** Iron Bark Meeting Room, Narellan Library  
Building, Cnr Queen & Elyard Streets, Narellan

**COST:** FREE

**BOOKING:** kim.white@camden.nsw.gov.au or amber.hope@mwlp.  
com.au; Narellan Library 4645 5039 or Amber Hope at MWLP 4625 1863



**mwlp**

### About the presenter ...

Christina is a Psychologist with a Masters in Educational and Developmental Psychology. She grew up in Asia and went to international schools, providing her with a culturally diverse perspective in her practice of psychology. Christina has extensive experience counselling children and adolescents in both school-based and clinical settings.



Find out more about Christina at our website  
below.



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Schools are reporting  
an increase in anxious  
parents which of course  
equals anxious kids  
starting school.

Most parents would say,  
“I just want my child to  
be happy at school!”

This workshop will:

- Support parents and children in the early years of school
- Enhance parents' understanding of their child's strengths and capabilities
- \* Support parents to build resilience in young children at times of transition







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# ROTARY CLUBS OF MACARTHUR IN CONJUNCTION WITH THE BLACK DOG INSTITUTE AND AUSTRALIAN ROTARY HEALTH

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## NAVIGATING TEENAGE DEPRESSION

### Come and learn about:

- What is depression and bipolar disorder?
- How to spot early warning signs
- How to communicate with a young person  
you are concerned about
- Where to seek help
- How to build resilience

**WHERE:** Campbelltown Civic Centre, Cnr Queen and  
Broughton Streets, Campbelltown

**WHEN:** Wednesday 16th November 2011

**TIME:** 7.00pm-9.00pm

Light refreshments provided

To register your attendance, please go online to <http://blackdoginstitute.force.com/events/rsvp/macarthurforum> or call (02) 9382 4523 during  
business hours

**Website:** [www.blackdoginstitute.org.au](http://www.blackdoginstitute.org.au)



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