



Visit our internet site at www.ingleburn-h.schools.nsw.edu.au

from THE PRINCIPAL

Year 12 Graduation

Year 12 will graduate from our school next Thursday 23 September. I would like to congratulate all of them for reaching this significant milestone in their lives. I hope that their preparations for their Higher School Certificate exams have been thorough and I wish them happiness and fulfilment in their future lives.

Golden Jubilee Celebrations

Recently we celebrated the Golden Jubilee of the school. During two open days we had over 200 former students visit the school from all over Australia and one couple from New York. I was exceptionally proud of the school, its students and its staff during our week of celebrations.

A copy of my printed speech from the special school



assembly and some congratulatory letters we received following our celebrations can be found on pages 7 and 8 of this newsletter.

*Michael Wiecek
Principal*

TERM DATES

Term 3 – School finishes 24 September 2010
Term 4 – School resumes 11 October 2010

SPRING IS THE TIME FOR ASTHMA

Most people look forward to the beautiful blooms and warmer temperatures of Spring.

However for the 1 in 10 Australians with asthma and the 1 in 5 who suffer from allergic rhinitis and allergies, Spring is one of the worst times of year.

Asthma and allergies can be triggered by pollen released from many of our favourite flowering plants. Allergic reactions to pollen can make it difficult to breathe and increase the risk of an asthma attack.

As an outdoor lover I know the importance of managing asthma symptoms and avoiding asthma triggers, particularly during Spring.

This Spring Asthma Foundation NSW is helping you reduce the impact of asthma and allergies with some great advice for making your garden wheeze and sneeze free!

Visit <http://www.asthmaaustralia.org.au> or talk to Mr Elbahou for more details.

A REMINDER THAT SCHOOL FEES FOR 2010 ARE NOW DUE.

GET IN EARLY AND BEAT THE END OF YEAR RUSH.

PROMPT PAYMENT WOULD BE APPRECIATED.

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WIG DAY

ON BEHALF OF KARI MANNELL - HUGE THANK YOU

Living with cancer is a bit like riding a roller coaster – lots of ups and downs. For Kari, most of this year has been a down, with ongoing chemotherapy every third Friday, making her pretty sick most of the time. Year 12's idea of fundraising for her sent a tremendously positive message and gave her a huge psychological boost – in fact the whole family. And then, the way the day went – what a fabulous fun day! It sent us all onto a high.

Thank you Year 12 for your thoughtfulness. Thank you Mrs Davidson and Mr Wiecek for running with the idea. Thanks to Ms Young for all her efforts. And a special thank you to all the wonderful staff and students who entered into the spirit of the day and created a really positive and life-affirming experience.

The Peter Mac Wig Programme will probably be able to purchase four or five wigs with the money raised and, given the success of the concept, may well promote it to other organisations.

Mrs Bronwyn Mannell

More photos can be found at <http://www.ingleburn-h.schools.nsw.edu.au/sws/view/2524.node>



SRC REPORT

Hi everyone, my name is Amelia Richards. I have taken on the role of being Publicity Officer for the Student Representative Council (SRC). My job is to tell you what the SRC team and I are collaborating on during our meetings.

In our last meeting we discussed the Premier's "Student Volunteering Awards". This is aimed at Year 9 and Year 10 students. If you are interested in receiving an award for all the hard work you put into volunteering please contact Mrs Davidson in the English staffroom.

If you would like to know more then head to our school website and click on the link or head to the following website:

<http://www.curriculumsupport.education.nsw.gov.au/volunteering/schools/premier/index.htm>

Thanks everybody and have a great day and please if you have any suggestions to help make this a safer and better place to be in, see one of the SRC's in your Year so they can pass the information on.



Farewell Year 12

Year 12's time with us is at an end and I wish them all the best for the upcoming HSC examinations and hope they achieve all that they wish for.

It has been an absolute pleasure to have worked closely with the Year 12 Prefects over the last two years. Ayon Hoq, as Boys' Captain, has provided exemplary leadership for the Prefects as well as the whole school community. Faith Mailei, our Girls' Captain, has been always there, willing to help, supporting the school and being a fantastic role model for all students. Tim Waterhouse has been on the mark with minutes to our meetings and distributing them to all of us. Mark Malonzo and Cyril Mercado have been our quiet but dependable achievers. Lawrence Giannetti and Vijay Keshwa have been our "larger than life" characters who add that much needed bit of humour and Andrew Christie and Lewis Tautaiolefua show both within the Prefect body and throughout the school the great advantage there is in being creative and productive members of the school. I am certain that all the Prefects will have success in their chosen areas of endeavour. They are all vibrant individuals who will enrich our world.

Cleanliness is next to ...

I have noticed recently that some rubbish is being left by students after recess and lunch breaks. We have, in the past, had to use some of student time to clean up the school when students do not keep the school in a reasonable condition. This may mean that recess or lunch breaks would need to be cut short to make sure playgrounds are left clean. Please ensure all your own rubbish is placed in the many bins provided around the school. If you see a bit of rubbish that is not yours, do the school a service, pick it up and put it in the bin to make the school a better place for everyone.

Mind your language

It seems more and more that foul language is used because it is seen as "cool". The type of language we use should be appropriate to the place we are in. I know that sadly many students use bad language regularly to express themselves but schools are not the right places to do it. "F" words and such are not to be used at school at all, whether in the classroom or in the playground. It is about showing the appropriate respect to everyone around you.

Be your best

There are lots of great things about being Australian and living in Australia but one of the things that is not great is the idea that it is bad to try your best. Sometimes when you give it your best shot you might be criticised by others, but it is probably people that do nothing that are the ones trying to pull you down. Whether it be your schoolwork, how you treat other people, what you get involved in ... give it a go and be the best you can be. The worst thing in life is to not care, to be mediocre and to accept that you have little to offer. Everyone should be able to hold their head up high and honestly know that you are giving your all. Every day counts so make today the first of many that you prove to yourself the great things you can do.

Gold

Congratulations to the following students who have achieved Gold Level. Remember that after earning five (5) Bronze Awards you can see your Year Adviser to get a Silver Award. If you do this twice more, so you have a total of three (3) Silver Awards come and see your Deputy Principal to claim your Gold Award. When you have earned three Gold Awards you can see the Principal to earn the highest level, Diamond Level.

Year 7

Nicole Buhrmann
Courtney Chapman
Andrew Dawes
Matthew Dean
Emy Edwards
Samantha Geary
Yajin Hah
Clare Hastings
Stevie-Lee Howley
Mashada Hutt
Tyler Jenkins
Kajol Kumar
Lana Kraichuk
Katerina Mandanis
Lachlan Marsh
Ivana Mootien
Bradley Murphy
Emily Perkins
Mitchell Purches-Schauer
Sosan Rahmani
Melissa Reichel
Kirsten Smolik
Emily Stack
Eric Teano
Eleni Voudouris
Amy Walsh
Shania Wass
Claire Yates

Year 8

Jenelle Alcantara
Tamzyn Ellis
Abigail Mapanao
Sadiah Naqvi
Vickie Ren
Joanne Silva

Year 9

Yaeun Hah
Joeli Manas

Year 11

Josh Blackstone
Melissa Lynne
Jennifer Qiu

Year 12

Aimee Burgoyne
Cassie Watt

Once again, congratulations to these students. They are a credit to their families, themselves and our school.

*Mr L. Weatherstone
Deputy Principal*



Parent Line NSW

Help for Parents 24/7

Email info@parentline.org.au

www.parentline.org.au

We all know that parenting is challenging. Every parent struggles from time to time with every day issues or more complex ones. We know that because we have spoken to close to 10,000 parents in the last 12 months.

The State Government funded helpline, Parent Line NSW provides a unique free support service to parents across NSW.

Highly skilled professional counsellors are available 24 hours a day 7 days a week to take calls from parents and carers about any parenting issue, from tips on how to manage the morning routine, to concerns about distant adolescents to complex challenges of living in blended families.

It is the only free counselling service available to parents during any part of their parenting journey, at any time of the day or night, anywhere in NSW. It's convenient because parents can call when it suits them, they don't have to arrange child care to talk to a professional counsellor and they can call as many times as they need.

We have a website for parents, carers and professionals (www.parentline.org.au) with a range of tip sheets for parents about contemporary issues facing families today, some parenting stories written by our counselling team that normalise parenting challenges and some links to other NSW wide services.

Our telephone counselling line is **1300 1300 52** and is available for the cost of a local call from a land line.



Early Achievers' Program at Australian Catholic University (ACU)

Do you demonstrate leadership at school, coordinate a community initiative, volunteer in a local cultural, sporting or religious group or provide care to someone in need?

Australian Catholic University's (ACU) Early Achievers' Program recognises students' potential to achieve great things, and rewards exceptional students with an early university offer.

To find out more or to apply : www.acu.edu.au/counts

Applications close on 30 September 2010



Nominations open for the 2010 NSW Volunteer of the Year Award

The NSW Volunteer of the Year Award recognises the outstanding efforts of the 2.4 million volunteers in NSW and promotes the importance of volunteering to the community, and this year the Award is proudly supported by Westpac. Nominations are open for the:

- **2010 NSW Volunteer of the Year** (with special Awards for Youth and Senior of the Year)
- **2010 NSW Volunteer Team of the Year**
- **2010 NSW Employee Volunteer of the Year**

State Winners will be presented with their Award by the Minister for Volunteering at an Award Ceremony at Parliament House Sydney, 3 December.

Nominations can be made [online](http://www.nswvolunteerawards.com) and are open until 30 September 2010.

Nominate online or download a nomination form to complete offline at: www.nswvolunteerawards.com



P&C

PARENTS AND CITIZENS ASSOCIATION

Welcome to the P&C News for September. We have had a busy month, the Federal Election BBQ and Cake Stall, Dance Troop Parking Day, a Sweet Treat Day for the students, and the event of the year, The 50th Anniversary.

All these were really good for the P&C, and all the students will benefit from the efforts of our committee and student body that assisted us in the process. I would like to send our appreciation to: Kim and Charlie Dooris, Sue and Jeff Roberts, Robyn, Laura and Craig Winsor, David Roberts, Sharon and Bruce Davies, Paul Bootsma, Grahame Thompson, Jackie Colless, Dean, Ashleigh and Briahn Wellfare, Sean O'Gorman, Natalie Wadwell, Palepa Timu and Cameron Watts. All these people assisted with their time over our Election and Dance Troop weekend to make it a success. Also thank you to those parents that donated cakes for our Election Cake Stall.

The 50th Anniversary was a huge success. All who attended were impressed with the presentation of the school, and the students that they met. Most guests at the dinner were interested in the way Ingleburn High School is progressing and I was suitably impressed at the diverse lives and career paths that our ex-students have achieved. I think it goes to show that it doesn't matter where you grow up or do your education, it matters what you take from it and how you utilize it in your life's direction. The P&C had a Guessing Competition raffle and this raised us \$721.00 for the event. Thank you to everyone who purchased a ticket and to Bronwyn Mannell for making this night a Huge success. Her efforts were amazing and much appreciated.

On Tuesday 7 September we had a Sweet Treat Day at school. Special thanks goes to Sue Roberts for her baking expertise and to Simone Campbell, Bryce Courtnage, Ashleigh and Briahn Wellfare for assisting. We hope to have more of these days for the students, as they are more successful each time. With this we also had a KrispyKreme fundraiser, unfortunately we only received a small amount of orders. To enable these fundraisers to be successful we really need more parents, and students to become involved. A lot of time and effort is put into these programs and the more students and parents who get involved, the more we can offer the school to benefit our kids.

Don't forget to mark you diary for the Annual P&C Trivia Night on Friday 19 November 2010. We always have a great fun night and all family and friends are welcome. Please notify the office of your interest to book a table or alternatively through our P&C email ihspandc@gmail.com

Our next meeting is Wednesday 22 September at 6.30pm in the B Block Common Room. We would love to see you there.

*Melissa Wellfare
P&C President*

P&C 50th Anniversary Raffle

All winners were in attendance on the night and all prizes were claimed.

- | | |
|-----|-------------------|
| 1st | Darren Cherubini |
| 2nd | Unknown winner |
| 3rd | Alana Ellis |
| 4th | Lorraine Cavanagh |

Help us collect Sports Gear for our School!

Ingleburn High School has been registered for the Coles 'Sports for Schools' program where Coles is giving all primary and secondary schools in Australia the chance to get brand new sporting equipment – and we need your help! Every \$10 spent at Coles Supermarkets, Coles Online, Bi-Lo or Pick'n'Pay between Thursday 2 September and Sunday 31 October 2010, will earn a Coles Sports for Schools voucher worth 1 point.

We're asking our local school community to collect these vouchers from family, friends and neighbours and to drop them into the collection box we have at school. The more vouchers collected, the more sports gear we can get! Just remember to ask for the vouchers when you pay during your normal weekly shop.

Sports gear for our school! Collect more vouchers, get more gear

Collection box is located in the FRONT OFFICE at school.

MASTER COACHING LEARNING CENTRE

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- ✓ **Confidence**
- ✓ **Knowledge**

Through individual tuition in small groups

Our *experienced and qualified* teachers help in a range of subjects including Mathematics, English, Science and Reading.

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(near Campbelltown
High School)**

4628 3699

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At Parent Line we are committed to helping families develop richer, more rewarding relationships and create safer, more nurturing environments for children to grow and develop into happy, healthy, confident, contributing young adults.

Parents, Adolescents and the HSC

It is that time of the year again as the class of 2010 prepare to sit their HSC exams. Twelve years of schooling has gone into this final set of examinations and many students, and their families, find it a particularly challenging time to get through with relationships intact.

Parent Line NSW receives many calls from families of students who are undertaking their HSC each year. Parents say that it's a time of high anxiety for the family and that it's hard to know what the best way to support their child is. It is particularly stressful for parents who may feel their child is underperforming and feel helpless in the process of supporting their child.

It's a given that as parents we all want to help our children achieve their very best in the HSC. The issue we often discuss with parents is what we can do to help ease the way for a better HSC experience for everyone.

It is reassuring for parents to know that most schools have already coached students in study techniques and about the actual exams. There is lots of information available to students and most schools support their Year 12 students to achieve their best during this time. If you are unsure about what information and guidance your child's school is providing, talk to the Year Adviser and ask if there is anything extra that you can also provide.

Our support role as parents is very different from the school's support role. In some ways our role is to oversee things from a bigger perspective. School and education is only one facet of our children's lives. While there is no doubt that the HSC is an important milestone in a child's education, it can help to take a step back and view it from a long term perspective.

At Parent Line we feel that the most important aspect of the process is not so much the end result (although, of course, it can make access to the desired career path easier) but the process that occurred in getting there. The richness of the experience is in the learning for students about dedication and hard work, about time management, negotiation skills with peers and family, discipline, managing stress, keeping a balance, self control, managing setbacks and managing competition. We believe that the focus then becomes about encouraging life-enriching skills and qualities rather than on achieving the end result only.

Here are some ideas that we have found useful for parents to think about as their child finishes their years at school.

Take a big picture perspective: The HSC is important but there are many ways to a fulfilling career and life. Too much focus on one exam can cause an unnecessary amount of anxiety and stress for everyone.

One analogy that we have found useful is the idea that we can take many paths to the same destination. There is the expressway that gets you there quickly which is fast, straight and direct and the scenic route that meanders through the scenery and takes longer but provides a richness of experience in the journey. Some children can manage the expressway to their destination and others need the scenic route to know that the final destination is right for them.

Maintain passion: Encourage your child to be involved in something that they are passionate about. This should be something "non school", something that takes them away from their everyday world; something they look forward to doing and that energises them. During stressful times, it is good if it is something that involves physical activity, other people, creativity and occurs reasonably regularly. It is important for children to continue with these activities even when they are studying.

Have a continued learning approach to life: Encourage your child to view the process of sitting the HSC as an opportunity to continue to learn about themselves and others, how they manage stress, what's important to them, how they can improve next time they are placed in a high stress situation etc. A continued learning approach to life allows children to be excited about learning and to not be afraid of making mistakes. The mistakes they made during their HSC can be corrected when they go to TAFE or University or to an apprenticeship.

Hope and a belief that things will work out: A positive attitude and a good dose of hope are very powerful factors in helping people stay motivated and committed to their work. Children need a support crew who believe in them during this time. Find a positive way of encouraging them with their studies.

Fun: Although the HSC is a serious time, it is important for parents to encourage children to have fun and laugh along the way. Social time with peers is important and taking time out to have light hearted banter can raise the spirit and relieve stress and help with concentration later on.

We know that each family's situation is unique. Some children are faced with a substantial amount of external pressures, as well as the pressures associated with their studies.

Our counselling team, made up of highly qualified and experienced child, adolescent and family counsellors, are happy to talk through the issues your family is experiencing.

Call us at Parent Line **1300 1300 52**, 24 hours a day, 7 days a week or log onto our website for more parenting information www.parentline.org.au



50TH ANNIVERSARY (continued)

"This morning, and celebrations this week, represent a significant milestone in the history of our school. We are 50 years young this year. Our school officially opened on this site on 11 April 1960 with 156 pupils and eight teachers. Obviously, we have changed a great deal since 1960 but before I talk about that, I would like to present a picture of what Ingleburn and Australia were like in 1960.

- Ingleburn was still a rural area. The population of 2,500 was made up almost entirely of migrant families and army families based around the North Ingleburn Army Base.*
- Macquarie Fields and Minto and many other suburbs we know didn't exist.*
- The Prime Minister was Robert Menzies and the US President was John Kennedy.*
- All students in NSW studied for the Leaving Certificate completed at the end of Year 5. The School Certificate and the Higher School Certificate did not exist. 80% of students left school as they turned 15.*
- The following items which we take for granted today did not exist: computers, the Internet, colour TV, mobile phones, DVDs, CDs, iPods and iPhones.*

Ingleburn was obviously a very different place to the one we all know. Today, 50 years later, there have been obvious, dramatic changes.

This year the school has 837 pupils and 85 teaching and support staff. Compared to 1960 we are a multi-cultural school just as Australia is now a multi-cultural society. Our students now come from over 30 different cultural identities and our teaching staff from over 20. Our records indicate that approximately one half of our students are fluent in a second language and perhaps most importantly, the school now aims to prepare all students with the skills and knowledge they need for living in the globally connected 21st century.

During the last 50 years the school has made significant contributions to its local community as well as to the broader Australian community. Former students:

- Are community and business leaders in our area. No better example of this than our Mayor, Mr Aaron Rule.*
- Have represented Australia in sport at Olympic and Commonwealth Games (many current students are in national teams) eg. Olympic and World Champion Swimmer, Jim Piper, Student Vice-Captain 1999*
- Have become world leaders in their chosen field of expertise - Science eg. Dr Stephen Nutt in Cancer research.*

Our students have, in huge numbers, successfully transitioned to university, especially in recent years, and into the world of work.

Of the thousands of students and families associated with our school. I would like to highlight one family. The English family have had three generations at our school beginning with Peter and Brenda English, followed by their children Debra and David English and then their grand-children, Kira Sheehan, Amanda Sheehan, Kade Sheehan and David Littlechild (currently in Year 9)

In terms of the symbols of our school, the waratah and the wattle contained within the current school crest were chosen by the original Ingleburn High School community. The waratah, the state flower, and the wattle, the national flower, were chosen because of the close military connection with the local community in 1960. Henry Lawson's poem 'Waratah and Wattle' seems a little dated today with its call for Australians "to fight while the waratah grows and the wattle blooms out on the hill". Nevertheless, the values contained in the school motto of 'Tolerance, Integrity & Excellence' are as relevant now as they were in the early years of the school. Tolerance, integrity and excellence are constants – they are very noble goals to aspire to. I think I can say confidently that if students leave school today with these values embedded in their character, the school has made a very valuable contribution to Australian society.

During the last 10 years I have been very proud to lead this school. I am proud of its students, past and present and their achievements. Equally I am proud of the teaching and support staff.

In a sense, I represent all the teachers over the last 50 years who have come and gone. Of this huge number, I would like to highlight just three teachers and one administrative staff member.

Two teachers I knew well: Mrs Elizabeth Marthick and Mrs Patricia Meza have passed away during my time as Principal. Elizabeth from Cancer in 2001 while she was a Home Economics teacher and Patricia just after her retirement a few years ago following a long career as a History teacher. On a significant day such as today, I think it is very appropriate that we pause and remember them and the contribution they made to this school.

The third teacher, Mr Dennis Hardy. Dennis served this community as a Mathematics teacher and as Head Teacher Mathematics for over 40 years. Indeed, his whole teaching career was spent at this school. In his honour and memory, the school library was named after him a few years ago. Today we need to remember Mr Hardy and his invaluable contribution to this school.

Lastly, Mrs Diane McAllister – our current Office Manager. Mrs McAllister began working here in 1989 – 21 years ago. Her contribution to our school has been extensive, long lasting and characterised by professionalism, dedication and commitment. As such, she symbolises all office and support staff who have worked at our school. Thank you Diane for your work and years of service."



"I am writing to congratulate you and the Ingleburn High School community on the recent 50th Birthday Celebrations.

Ingleburn High School has a long and proud tradition of outstanding teaching and learning and I was delighted to play a small role in the 50th Birthday activities.

Can I also add that the conduct and behaviour of your students at the formal assembly was outstanding – you should be very proud of your students.

Yours sincerely

Cr Aaron Rule
Mayor"

"We wish to thank you, your staff and, especially, your students, for the enjoyable time we had at Ingleburn High School on Friday morning.

From the time we were met, at the gate from the oval car park, by three immaculately dressed, well groomed, young men, we were impressed by the appearance, politeness, friendliness and helpfulness of all the students with whom we came in contact. They are a credit to you, your staff and themselves and are seen, by us, as great ambassadors for the school.

For the record, our connection with Ingleburn High School started in 1978, when we came to Ingleburn from West Wyalong, through to the end of 1984, by which time our two children had finished high school. During those years, through P & C activities, we had regular contact with the school and built up a relationship with Mr Bruce, the Principal, for virtually all that period to time, resulting in firm friendship with the Bruce family. Through this friendship we learned much about the problems and stress that can be experienced by the Principal of a high school so we compliment you on the way your school is operating under your guidance.

We are proud to be able to say that, thanks in part to Ingleburn High School, both our children are having successful working careers and are living proof that it is not imperative to attend private schools, or selective schools, to be able to do well in the big wide world with its competitive work force.

It was great to go back to the school to see the changes and additions which have occurred over the intervening years. The fact the school farm no longer operates is the one sad thing we came across, particularly as our son is an Animal nutritionist who enjoyed time in the Ag Block, but we realise you have to move with the times.

Again, thank you for Friday's function.

Yours sincerely

Norma and Peter Sawyer"



Former Teacher and Head Teacher,
Mr Dennis Hardy and Mrs Bronwyn Mannell



Mr Dennis Hardy



MAD HATTER'S TEA PARTY

What a fantastical, totally mad day was had by our Year 7 students on Wednesday 7 September at our first Mad Hatter's Tea Party.

This was the culmination of months of work by students in their Visual Arts classes to create their own fantastic clay creations inspired by Wonderland.

Students hooped the hoola, played egg and spoon and teacup races and were involved in ferocious tug of wars, watched over by the wicked Queen of Hearts (Mrs Pilgrim), The maddest of Hatters (Mrs Waters), the elusive (but everywhere) Cheshire Cat (Mrs Walsh) and sweet Alice (Miss Edwards).

Afterward students were treated to a sumptuous frabulous feast truly fitting for the great artworks students had made and the wonderful time that was had by all. We are sure we saw a white rabbit scurrying through the crowd looking just a little (but not too much) late.



CAREER NEWS

Jobs of the Future

Cyber Security Specialist

Back in the 1990's

hackers were known as the scourge of the internet. Cyber security is a swiftly growing industry and who would know better to reveal weaknesses in sites than those who know a thing or two about exploiting a site. Are you interested in turning your cyber skills into a real profession? With a degree and ambition it may be possible.



The student HSC PIN and UAC PIN - what is the difference?

All HSC students have now received an HSC PIN and recently received a separate UAC PIN. The Board of Studies issued all HSC students with their **HSC PIN** on a handy card attached to a letter in April this year. Using their **HSC PIN** and Student Number, students are able to access **Students Online** where they can check their personal details, including their HSC course enrolments and personal exam timetable. From Wednesday 10 November students will be able to access their personal HSC **Assessment Ranks** for each course and their HSC results in December. Students should check that they have their HSC PIN and visit the **Help** section of **Students Online** if they have lost or forgotten their HSC PIN. The **Universities Admissions Centre** (UAC) recently issued all HSC students with a **UAC PIN**, which they need to use when applying to study in 2011 at UAC participating institutions. Visit the UAC website for more information and a range of Frequently Asked Questions about applying through UAC.

My Gateway has the following traineeships and apprenticeships vacancies at the moment. For more information or to apply please visit www.mygateway.org.au and click on Job Seekers.

Apprenticeships	Qualification	Location
3 rd , 4 th Yr Sheetmetal	Engineering Cert III	Huntingwood
2 nd , 3 rd & 4 th Carpentry	Carpentry Cert III	Various locations

4 th Yr Electrical	Electrical	City
OOT	Carpentry	Various locations
1 st yr Boilermaker	Engineering Cert III	St Marys
1 st or 2 nd Yr bricklaying	General construction	Brookvale
1 st Yr Carpentry	Carpentry Cert III	Oakdale
1 st Yr Bricklaying	Bricklaying & general construction	Anna Bay
Traineeship	Qualification	Location
Business Admin Part-time	Business Admin Cert III	Hurstville
Business Admin Part-time	Business Admin Cert III	Narellan
Warehousing	Transport & Distribution	Mascot
Childcare	Community servs Children's Services Cert III	Hurstville
Childcare	Community servs Children's Services Cert III	Smeaton Grange

NSW Sports Federation

Careers in Sports Workshops will be held on the following dates:
Thursday 9th September
Wednesday 22nd September

September
Wednesday 6th October (school holidays)

Wednesday 27th October

These workshops will cover everything you want to know about Careers in sport, fitness, leisure and events.

Time: 10.15am until 2.30pm approx

Venue: Sydney Olympic Park

Cost: \$30.00 per person accompanying teachers are free

Bookings: phone 81169737 or email

Julie.stafford@sportnsw.com.au



PUBLIC SPEAKING COMPETITION

The Annual Public Speaking Competition was held on 31 August. This was an opportunity for the juniors to test their skills at public speaking. To ensure that students were comfortable we had an audience comprising of Year 7 students. The topics given to them ranged from 'Internet use had to be supervised' to simpler ones such as 'Public transportation had to be paid for'. Students had to speak for five minutes with a warning bell at four. Most students prepared their speech with ease and delivered with confidence. The level of talent at the junior level was commendable since students presented their speeches with flair ensuring they had good voice projection and sufficient eye contact with the audience. The verdict was delivered after weighing up the merits of the arguments and the way in which oratory skills were used to engage the audience. All students performed well but Courtney Chapman was the winner and the runner-up was Nour Boumoughdab.

Congratulations to these students. We are hoping that they use their ability to further their achievements. We have enjoyed working with these students and hope to encourage them to use their potential in the areas of public speaking as well as debating.

Our thanks go to Mrs Ellis, Ms Papadakis and Mr Meadows who helped with the judging and a special mention to Ms Preece who always does a fantastic job with Roadie Crew support.

*Mrs A. Kurien and Ms R. Ellis
English Faculty*



PAST STUDENT ACHIEVEMENT

Keiren Horn, a former student of Ingleburn High School, is one of the graduating students from The Whitehouse Institute of Design. Students were assigned an empty apartment to furnish as part of their studies.

“As first impressions go”, group leader Keiren Horn, 20, says “the new empty apartment we were assigned to furnish was “quite overwhelming”. We had a completely blank canvas to work with and there was nothing to interfere with the vision we had for the space”.

Students were assigned various areas and rooms. Students had to source their own furniture and home wares. Along with this came the responsibility for every piece they borrowed. They also had to organise the transportation to and from the apartment for each item.

Keiren, along with another student, were assigned the Kitchen, Dining and Living Rooms. Keiren's design made the front cover of Home Ideas magazine. Well done Keiren.



WANTED

WRITERS OF FICTION
JOURNALISTS
ARTISTS
POETS

IF YOU are a SELF MOTIVATED WRITER or ARTIST WHO IS
INTERESTED IN PUBLISHING THEIR WORK ONLINE – LET
MS KNAPMAN KNOW asap!!!

YOU WILL NEED TO:

- Be creative
- Be COMMITTED
- Have INTERNET access
- WANT TO PUBLISH YOUR WORK ONLINE
- POSSIBLY LEARN NEW TECHNOLOGY SKILLS
- USE YOUR EDUCATION email ACCOUNT
- MEET WITH MS KNAPMAN REGULARLY

email me: deanna.knapman@det.nsw.edu.au

email me a SAMPLE OR DESCRIPTION OF YOUR WORK
REMEMBER TO CHECK YOUR email FOR MY REPLY!!!



School Calendar

Week 10 – Term 3

- 22 Sep • P & C Meeting at 6.30 pm in Common Room (B Block)
- 23 Sep • Year 12 Reports distributed
- 23 Sep • Year 12 Graduation Ceremony (Periods 3 and 4)
- 24 Sept • Last day of Term 3

Week 1 – Term 4

- 11 Oct • First day of Term 4 – All Students return
- 11 Oct • Year 10 Trial Exams begin
- 14 Oct • **HSC EXAMS BEGIN**

Week 2 – Term 4

- 18 Oct • Years 7 – 9 Yearly Exams begin
- 27 Oct • P & C Meeting at 6.30 pm in Common Room (B Block)

Week 4 – Term 4

- 5 Nov • Year 11 Reports distributed

Week 5 – Term 4

- 8 Nov • **SCHOOL CERTIFICATE EXAMS BEGIN**

**All dates and information are correct at time of printing however changes may occur due to unforeseen circumstances. We apologise for any inconvenience this may cause.*



Welcome to Macarthur Parents

MWLP is committed to supporting Macarthur parents and families and encourages parents to regularly visit this website to view up-to-date information and opportunities to engage with child development experts and other parents. As an MWLP initiative, this site has been created for you as a parent to find career information, connect with other parents, find out what's happening in the local community, connect with career professionals and become a partner in learning.

It has been proven that Parents play a crucial and important role in the education of their children. Your involvement and encouragement will assist your child to excel in any chosen career choice they may be interested in. Macarthur Parents encourages you to take an active role in the education and transition of your child in providing important resources to support your involvement.

As a parent, you can help your child with career decisions, further educational planning, and goal setting and make a lasting positive impact on your child's potential success. Our articles, resources, links and career advice can help guide you through these changes as your child becomes an independent adult.

You can help your child by being positive about their ideas and their chances of finding an enjoyable career path. Consider together their suitability for different jobs and help them identify their **ATTRIBUTES, INTERESTS, and EXPERIENCES**. Talk to them about their **HOPES, VISIONS and DREAMS** for the future and where they would like to work or study. There are many pathways now a day when leaving school to work that can lead into rewarding careers. It is important to remember that people will move between pathways and are not locked into one occupation or education level. It's easy to move from work to study, TAFE to university, or Apprenticeship/Traineeship into a long term professional Career.

“Many studies show that young people cite their parents most frequently as the main influence in their pathways. No other group even comes close”

– Sarah M Shoffer & Richard H Klemmer

