



Visit our internet site at www.ingleburn-h.schools.nsw.edu.au

from THE PRINCIPAL

Remembrance Day 2010

The school held a very moving Remembrance Day service on the morning of November 11. We should never forget the legacy of the first AIF from 1914-18 who had 260,000 casualties and of all other servicemen and servicewomen who lost their lives in the service of our nation. I would like to thank Mrs Ellis for coordination of the ceremony, the School Prefects for the way they ran the Assembly and Ms Young for her excellent rendition of the Last Post.



School Captains, Sean O'Gorman and Jennifer Qiu, later accompanied myself to the 11.00am service at the Ingleburn RSL Club. Both Sean and Jennifer are excellent ambassadors for our school.



Safety Issues

The DET has completed a new fence around the perimeter of the school – a project we have been waiting over five years to accomplish. While the students will be safer as a result of this, ALL PARENTS are reminded that the school is Inclosed Land. For safety reasons it is VERY IMPORTANT to drop students off in Acres Lane or in the carpark outside the school gates on the southern side of the school. This ensures the safety of ALL students between 8.30am and 9.00am and between 3.00pm and 3.20pm. Your assistance in this matter will be very much appreciated.

The school has also been successful in having the RTA install flashing lights on Oxford Road. This too, has been a long campaign. Our students, as a result, should be a lot safer in the mornings and afternoons.

Tenders for New Canteen Licence

Tenders have been called for the Canteen Licence for the next three years. These will close on November 24. I will advise the school community of the result of the tender process in the next newsletter.

Important Dates in Coming Weeks

November 30	Multicultural Day
December 7	Academic Presentation Night
December 10	Year 10 Graduation

Michael Wiecek
Principal

**Academic Presentation
Evening 2010
Tuesday, 7 December
6.45pm for a 7.00pm start**

**A REMINDER THAT
SCHOOL FEES FOR 2010
ARE NOW DUE.
PROMPT PAYMENT WOULD
BE APPRECIATED.**



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P&C

PARENTS AND CITIZENS ASSOCIATION

The I.H.S. P&C has welcomed the uniform changes that are currently being implemented. I have had many enquiries from parents and the changes will improve our school's image in the community and, as well as, with our students. If you have questions, or are just generally interested in the uniform change, please come to our last meeting for the year and we will be happy to discuss. Samples will be available to look at.

The last P&C Meeting for 2010, will be held in the Common Room on Wednesday 24 November at 6.30pm. Please join us.

I would like to express our appreciation to all the businesses that generously donated prizes for our Trivia Night held on Friday 19 November. Without their generosity we would not have been able to hold such a fun and successful night. We will list all the individual donators in the next newsletter, as well as the winning team and details of the event.

The Platinum Night was a huge triumph, a credit to Miss Young, the faculty, and all the extremely talented students of Ingleburn High School. We, as a P&C, were proud to kick off the donations for the 2011 school musical that is currently being planned on the night. We handed a cheque to Miss Young for \$2500.00. Our school has brilliant talent and this upcoming event will be a credit to the school and those involved. Please ensure you support the staff and students with this great event. Our talent is something to be proud of. We had a BBQ and munchies stall for the students and it was pleasing to have their support. The funds from this will also support the 2011 musical.

*Melissa Wellfare
President*

GOOD FRIENDS HELP US BOUNCE BACK

In 2010, a NSW Health promotion to improve social and emotional wellbeing focused on 'Good Friends help us to bounce back' - encouraging people to enhance their coping capacity and resilience through friendships.

Tackling problems with good friends is a resourceful way to lessen our load. Friends that create love and trust provide role models and offer encouragement, reassurance and hope which are all important in resilience building.

This week at Ingleburn High School several nominated students received an award for their efforts in being 'good friends' and supporting their peers in tough times.

Welfare Team



Back row: Bradley Nicholson, Gerard Hagan, Jack Edwards, Michael McDonald
Front row: Melinda Johannessen, Sandrina Jamieson, Tianna Buller-Rushworth, Kaitlyn Woolnough, Hayley Wright



DEPUTY PRINCIPAL REPORTS

UNIFORM DECISIONS

Thank you to the many students, parents and staff in our community who participated in the survey about proposed uniform changes in our school advertised in our last newsletter.

These changes are compulsory for Year 7 and Year 11 2011. Any students in Years 8 – 10 and Year 12 in 2011 are not required to purchase the new uniform requirements but they may do so if they wish.

As a result of this survey, the P&C has agreed to the following changes for 2011 onwards.

SPORTS UNIFORM

- New Ingleburn High School Sports Shirt
- New Ingleburn High School Green and Gold Sports Shorts
- New Ingleburn High School Green and Gold Track Pants



GENERAL SCHOOL UNIFORM JUNIOR SHIRT

After feedback from the survey, the P&C decided that a lemon polyester & cotton style shirt would be most appropriate for junior students, similar to the style of the senior shirt (shown below) advertised in the survey.

- New Boys and Girls Lemon Polyester and Cotton Shirt/Blouse

GENERAL SCHOOL UNIFORM SENIOR SHIRT

- New Boys and Girls White Polyester and Cotton Shirt/Blouse



SCHOOL SHOES

Please note **fully black leather** school shoes are to be worn by all students. These shoes must fully enclose the foot for safety reasons covering the instep.

Eg:



UNIFORM POLICY

The school's uniform policy has been agreed upon, and is supported by, the school's Parents and Citizens Association.

The pupils of this school are recognised by the uniform they wear. Apart from being more practical and more economical than supplying miscellaneous clothing, the uniform serves several purposes. These include the establishment of a sense of belonging, the development of school pride, the maintenance of school tone, the feeling of pride in themselves and the meeting of Department of School Education safety requirements in regard to footwear. The uniform also provides for student safety in the playground, in that students are easily recognised as being members of the school.

JUNIOR SCHOOL UNIFORM (YEAR 7 2011)		
SUMMER:	GIRLS: Green check skirt*, white socks. BOYS: Mid-grey shorts or trousers, plain grey or white socks.	ALL STUDENTS: School lemon polyester and cotton blouse/shirt Green sloppy joe or green/gold school spray jacket*. School cap. Black leather shoes or black leather runners.
WINTER:	GIRLS: Bottle green slacks* or bottle green skirt, white socks. BOYS: Mid-grey trousers, grey or white socks.	ALL STUDENTS: Lemon shirt*, sloppy joe*, school spray jacket* as above. Bottle green pullover, heavyweight green and gold zip collar sloppy joe* or pure wool school jumper*, Green or black scarf. School hat or cap.* Shoes as above.
SPORT:	ALL STUDENTS: Green and gold shorts*, school design sports shirt*, white socks, sandshoes or joggers, green and gold trackpants*.	



SENIOR SCHOOL UNIFORM (YEARS 11-12)		
SUMMER:	GIRLS: Senior check skirt A-line style, black leather shoes, white socks or skin or black coloured stockings. Boys: Mid-grey shorts or trousers, plain grey or white socks.	ALL STUDENTS: White polyester and cotton school shirt/blouse*. School spray jacket* or bottle green sloppy joe*. School cap*. Black leather shoes or black leather runners.
WINTER:	GIRLS: Senior check skirt, bottle green trousers. Shoes, socks and stockings as above. Boys: Mid-grey trousers. Shoes and socks as above.	ALL STUDENTS: Sloppy joe*, school spray jacket*, bottle green pullover*, green or black scarf School hat or cap.*
SPORT:	ALL STUDENTS: Green and gold shorts*, school design sports shirt*, white socks, sandshoes or joggers, green and gold trackpants*.	

NOTES:

Items marked with an asterisk (*) are available through the school uniform shop run by the P&C at the following prices (as at November 2010):

- **Boys**
 - Boys Lemon or white polyester and cotton short sleeved shirt with school crest— \$21.00
 - Boys Lemon or white polyester and cotton long sleeved shirt with school crest— \$23.00
 - Boys Grey Cargo Shorts - \$28.00
 - Boys Cargo Trousers - \$33.00
- **Girls**
 - Girls Lemon or white polyester and cotton blouse with school crest— \$28.00
 - Girls Senior and Junior Skirt - \$32.00
 - Girls Green Slacks - \$36.00
- **Unisex**
 - Spray jackets in green/gold—\$50.00
 - Green V Neck Sloppy Joe with school crest—\$24.00
 - Scarf - \$10.00
 - Woollen Jumpers - \$65.00
 - Blazers (Seniors) - \$80.00
 - School ties—\$11.00
 - School caps—\$6.00
- **Unisex Sport**
 - School sport shorts—\$25.00
 - School Sports Shorts - \$25.00
 - School Track Pants - \$30.00

- **CASH OR CHEQUE ONLY ACCEPTED**

NB. Prices subject to change without notice

*Mr L. Weatherstone
Deputy Principal*

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- ✓ Confidence
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Campbelltown

4628 3699



www.masterlearning.com.au

NOVEMBER 2010

COLLECT 3 VOUCHERS
FROM DIFFERENT
MONTH NEWSLETTERS

STUDENT NAME _____

PARENT SIGN _____



GIVE TO A DEPUTY FOR A BRONZE AWARD



FORMAL SPORTS ASSEMBLY

On Tuesday 16 November the Formal Sports Assembly was held to recognise and celebrate the sporting achievements of Ingleburn High School students in the areas of Sports Carnivals, Grade Sport, Premier Sporting Challenge and Junior Sport. The PDHPE faculty is proud of the 2010 award recipients and commend them for the manner in which they conducted themselves while representing Ingleburn High in their respective sports. The 'Grade Sport Best and Fairest' awards were the first presented as they recognise not only athletic ability, but also sportsmanship. These students understand that athletes should not only seek excellence in performance but also in attitude. A special mention to Corey O'Meley who achieved Best and Fairest in both the Summer (Softball) and Winter (Touch Football) competitions.

In 2010 more than 40 students competed in the 'NSW Premier Sporting Challenge'. This challenge is a Government initiative that aims to engage young people in sport and physical activity and encourage them to lead healthy and active lifestyles. Alex Graham, the Premier Sporting Challenge Ambassador's Co-ordinator presented an Award of Congratulations to the students and school for participating. A special mention must go to Mrs Holden for coordinating the challenge at Ingleburn High School.

The school was privileged to have Dani Samuels, an Australian sporting hero, attend the Assembly. Dani Samuels became the youngest World Champion discus thrower of all time winning the World Championships in Berlin with a throw of 65.44 metres. Unfortunately Dani withdrew from the Australian Commonwealth Games team at this year's Commonwealth Games in New Delhi, India due to health issues, however she is gunning for the 2012 Olympic Games in London. Dani Samuels was interviewed by Mr Elbahou (Head Teacher – PDHPE) on the assembly and inspired the audience by sharing her story of determination in sport. It was a great honour for the 2010 Athletics Age Champions to meet with Dani.

The PDHPE faculty would like to extend a big thank you to the twelve members of Ingleburn High School's teaching staff who volunteered their time and effort to coach many of the Knockout and Grade Sport teams this year. Without their support in sport, our students would not be given the enriching experiences they have received this year and the opportunity to enjoy the benefits of sport and physical activity. A special mentioned to Mr Kelly, the winner of the Coach of the Year award!

Each year we seek to acknowledge Excellence in Sport by awarding a Grade, Junior and Senior Sports Person of the Year award. A special congratulation to Ryan Capps (Grade Sport Person of the Year). Taylor Dunn (Junior Sport Person of the Year) and Ashleigh Bootsma (Senior Sport Person of the Year).

Lastly, the PDHPE faculty would like to thank the parents of our sporting stars. Your support and encouragement of school sport is greatly appreciated.

Hopefully, sport will continue to be an integral part of school life for our students and we are sure 2011 will be another successful year in sport for our school! Steve Young, an American Pro Footballer quotes, "[Success]...is not about holding up the champion's trophy, sport is principally about competing against yourself. It's about taking yourself on a journey of self-improvement, about being better than you were the day before." Get involved! ☺

PD/H/PE Faculty



CAREER NEWS

BWAC Apprenticeships Centre and Employment Service has new vacancies available:

1. Apprenticeship in Glass & Glazing – 2nd or 3rd Year only – Sydney Metro. Driver's License essential as jobs are all over Sydney.
2. Apprenticeship in Electrical (Marine Industry) – 1st Year – Rozelle
3. Carpentry Apprentice located in the Sydney Metro. Jobs will be all over Sydney, so applicants must be willing to travel to various sites.
4. Cabinet maker & joiner apprenticeship in Lidcombe.

If you are interested please send resumes and covering letters to Chloe Baltra and she will refer them onto the employer for their consideration.

www.bwacaac.org.au

Ph: 9749 9488

Fax: 9749 9366

RSA & RCG \$85 each or \$150 both in any combination (save \$20)

These courses are suitable for students from 16 years of age (preferably Year 10 up). They will be able to use their qualification once they turn 18 years of age.

Course	When	Where
RSA	Wednesday 3 November 4.30pm to 10.30pm	Leumeah Wests Leagues Club - 10 Old Leumeah Rd, Leumeah – Eucalyptus Room
RCG	Thursday 4 November 4.30pm to 10.30pm	Leumeah Wests Leagues Club - 10 Old Leumeah Rd, Leumeah – Eucalyptus Room

My Gateway has the following traineeships and apprenticeships vacancies at the moment. For more information or to apply please visit www.mygateway.org.au and click on Job Seekers.

Traineeships	Qualification	Location
1ST Yr Heavy Vehicle	Automotive Mechanical Cert III	Picton
1st Yr Carpentry	Carpentry Cert III	Various Locations
1st Yr Machinist	Engineering Cert III	St Marys
1st Yr Fitter	Engineering	Ingleburn

Machinist	Mech Cert III	
1st Yr Horticulture	(Parks & Gardens) Cert III	Camden
1ST Yr Fitter Machinist	Engineering Cert III	Yennora
1ST Yr Fitter Machinist	Engineering Cert III	Ingleburn
1st Yr Heavy Vehicle X 2	Automotive Cert III	Smeaton Grange
Traineeships	Qualification	Location
Business Admin	Business Admin Cert III	Campbelltown
Reception Business Admin	Business Admin Cert III	Campbelltown
Business Admin	Business Admin Cert III	Picton
Library Info servs	Library & Info Servs Cert III	Camden
Business Admin	Business Admin Cert III	Camden
Events Traineeship	Cert III in Events	Camden
Info Tech	Info Tech Cert IV	Mount Annan
Business Admin	Business Admin Cert III	Merrylands
Business Admin	Business Admin Cert III	Campbelltown
Business Admin	Business Admin Cert III	Smeaton Grange
Part-time Business Admin	Business Admin Cert III	Hurstville
Childcare Admin	Children's Servs Cert III	Hurstville
Business Admin	Business Admin Cert III	Narellan



Furthernet is an initiative run by Professional Cadetships Australia that caters for senior high school students and university students who would like to pursue a career in business, economics and finance. A reminder that several member companies of *furthernet* may be willing to offer selected Year 11 students a short period of work experience at a time that is suitable to the students and their schools. In order to be considered for work experience placement with a leading global company, Year 11 students need to complete their *furthernet* Talent Bank application straight away. Students do so online at www.furthernet.com.au

ATEL has free pre apprenticeship courses in the following areas: construction, horticulture and landscaping, plumbing and roof plumbing.

- Nationally recognised qualifications
- Fast-tracked training
- All training materials, safety equipment supplied
- White card & safety licences included
- Free work placement

We have employers waiting to hire 1st yr apprentices upon successful completion of the four week training course.

Apply today for an immediate start on 28 October!

Call ATEL Group Training in (02) 8875 6153 or email Sydney.GT@atel.com.au

Careers for Aboriginal people in the NSW Public Sector

The NSW public sector offers you the opportunity to:

- Work in a wide range of jobs
- A chance to help your community
- Work in regional and city locations
- Develop your skills and career



For more information visit www.eeo.nsw.gov.au

To apply for jobs go to www.jobs.nsw.gov.au

IPROWD

Are you aboriginal and interested in joining the NSW Police Force? The IPROWD program has been developed to assist Aboriginal people to gain the skills and confidence to succeed in joining the NSW Police Force. For more information or an Application Kit please phone 1300830177 or visit www.iprowd.tafensw.edu.au

ACPE

Australian College of Physical Education has a large variety of degree programs on offer including Sports Business, PDHPE Teaching, Dance Education, Sports Coaching and Fitness. There are flexible entry criteria, a personalised Mentor Program and the extra-curricular College experience. Their 2011 Prospectus is out now and if you are interested in pursuing a career in Physical Education go visit your Career Adviser or phone (02)97393333, or visit www.acpe.edu.au



Jumpstart

Jumpstart is another NSW Government initiative designed to help students learn a career while getting paid. They offer 500 Cadetships each year to people who are under 25, have their HSC and want to jumpstart their Careers.

If you are interested please visit www.jobs.nsw.gov.au



NSW Government

The NSW Public Sector offers job opportunities for a variety of careers, from teachers, legal practitioners, fire-fighters, paramedics, nurses, medical officers, childcare workers, tourism officers, planners, researchers, police officers and more. For a list of available jobs please visit www.jobs.nsw.gov.au

REMINDER: Careers Advisory Service

Each year, following the release of the Higher School Certificate results, the NSW Department of Education and Training offers a free Careers Advisory Service which provides students and their families or caregivers with up-to-date and relevant information about the range of available career and study options.

The Careers Advisory Service will be open from Thursday 16 December 2010 to Friday 7 January 2011, from 9 am to 5 pm. Students can contact the service by calling **1300 300 687**, or by emailing careers@det.nsw.edu.au More information is also available at www@cas.det.nsw.edu.au

As always I am here to answer any queries you may have so please don't hesitate to contact me at school.

Mrs J Duval
Careers Adviser



SPORTS report

Water polo player's making waves

TEENAGE water polo player **Samantha Stanton** won a silver medal in the national water polo championships in Brisbane on Monday.

The 13-year-old was recently selected for the NSW under-14 water polo team.

Unbeaten in seven of their eight games, the NSW team lost 5-4 to Queensland in extra time in the final.

Samantha missed two games, including the final, due to a bout of the flu.

A member of Macquarie Fields swimming squad, Samantha has been playing water polo since the age of eight.

The Ingleburn High School student was selected as one of 40 girls in the NSW training squad following the club championships in Tamworth where she played for Drummoyne.

Following a week-long camp at Narrabeen for intensive training, Samantha was selected in the NSW Blues' team of 13.

A representative for Sydney South West Schools' water polo team, Samantha will also compete in Tamworth in November for the Combined High Schools NSW titles.

A love of water polo runs in the family as brother Jake is a NSW representative.

Samantha's mother Wendy a water polo coach believes Macarthur could produce more talented players if the area improved facilities.

"It is a shame that the Campbelltown area does not have the facilities to accommodate such a growing sport as water polo," she said.

"There is a saying 'build it and they will come'.

"Campbelltown has such a depth of great young swimmers who would make great water polo players. But we do not have outdoor heated swimming pools deep enough to accommodate the sport.

"You only have to go to Sutherland Pool on a Friday night in the middle of winter and you have nearly 200 players.

"To build a utility pool that can be used for many things is the smart way to go, instead of refurbishing old pools that can only be used for lap swimming."

SCHOOL CALENDAR

Week 7 – Term 4

- 23 Nov • ESSA Exam – Year 8
- 24 Nov • P & C Meeting at 6.30 pm in Common Room (B Block)
- 25 Nov • Year 10 History Elective – Egyptian Feast

Week 8 – Term 4

- 30 Nov • **Year 7 2011 Orientation Night**
- 1 Dec • Year 7 Swim School - Week 1
- 2 Dec • Year 10 Formal

Week 9 – Term 4

- 6 Dec • Year 7 Swim School - Week 2
- 7 Dec • Year 6 Orientation Day
- 7 Dec • **Academic Presentation Night**
- 10 Dec • Years 7-10 Reports Distributed

Week 10 – Term 4

- 13 Dec • Year 8 and Category Gold Excursion – Thirroul Beach
- 15 Dec • Last day for all students

Week 1 – Term 1 2011

- 28 Jan • Staff return to school

Week 2 – Term 1

- 31 Jan • Years 7, 11 and 12 return to school
- 1 Feb • All students return to school

**All dates and information are correct at time of printing however changes may occur due to unforeseen circumstances. We apologise for any inconvenience this may cause.*



The Carer Safari

It's a Jungle out there!

FREE EVENT for carers

Are you caring for a family member or friend who has a disability, a mental illness, is frail aged, has dementia or a chronic illness?



2 Day Forum

The Trek Continues :

**When : Tuesday 9th & 23rd
November**

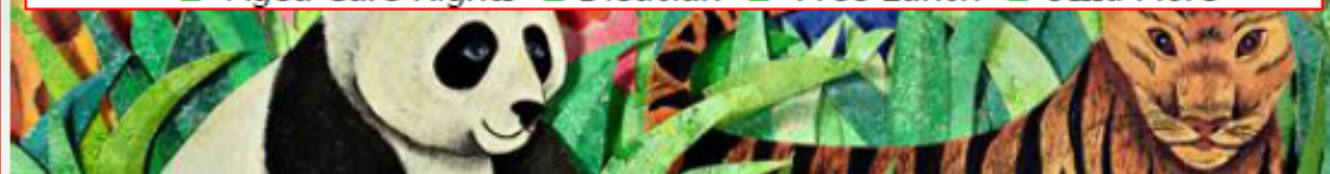
10.15 am—3.00 pm

**Where : Tahmoor Community
Centre, 6 Harper Cl
Tahmoor (opposite Bilo)**

You'll discover clues to help in your caring role :

Day 1: ☐ EXPO Stalls & Giveaways ☐ Caring Safely ☐ Lucky Door Prizes
☐ Centrelink ☐ Local Service Info ☐ Free Lunch ☐ And More

Day 2: ☐ Legal –Wills, Guardianship, Power of Attorney, Future Planning
☐ Carers NSW ☐ Therapeutic activities ☐ Lucky Door Prizes
☐ Aged Care Rights ☐ Dietician ☐ Free Lunch ☐ And More



Limited Places— Bookings Are Essential ☎ 1800 683 232

(Macarthur Disability Services)

- ♦ For help with transport:
Susan at Community Links Wollondilly ☎ 46 83 2776
- ♦ For help with respite:
contact SWS Commonwealth Respite & Carelink Centre ☎ 1800 052 222

The Trek will continue in Ingleburn in March 2011

Brought to you by a consortium of service providers





2010 ART EXHIBITION

**Tuesday 7th December
5pm—7pm
B block
Before Presentation
Evening**

**Bring your family and
friends to this major
Ingleburn High School
Event.
Entry is FREE !!!**

